# NAVIGATOR LEADERSHIP COACHING

90 minute Strategy Session combining coaching and consulting from an in-demand Leadership Coach and an experienced business executive.

Let's get specific -

Are you looking for *clear-cut* direction and support? Do you have an idea of what you want and where you're going but you need a *practical* help?

This service for you if life is moving along well and you have a distinct goal you want help with. Get deliberate action steps in moving forward with **Navigator Leadership Coaching** and start getting results.

### HERE'S THE LOGISTICAL PROCESS:

## What we'll do together:

At the conclusion of our 90 minute virtual session, you will have greater understanding of the process you are undertaking, increased insight on how you approach your goals, *and specific action steps to get results*.

#### We will:

- 1. Review the idea, concept, or plan you have in whatever stage it's at
- 2. Examine precisely what wants and needs to happen next
- 3. Consider if there is anything keeping momentum from moving forward personally or professionally
- 4. Determine how to clear potential barriers
- 5. Create an Action Plan with specific steps

## **Navigator Leadership Coaching includes:**

My pre-assessment of your Worksheet for strategic input

Our 90 minute confidential virtual Visioning & Strategic Plan on Zoom

A unique combination of leadership coaching, executive consulting, and business advising services

Recording of our session

Your specific next steps as part of your Action Plan, with Resources

## Why I can make a difference for you

The specific action you'll be taking will catapult you forward. At the end of our 90 minutes together you will have

an awareness of what was formerly holding you back how to move past those blocks strategies to move through habitual patterns that stall you, and confidence in your direction

We'll identify your challenges and mine them for the full potential they represent in your life. By doing that, you'll be empowered to take action now AND in the future as you recognize any familiar patterns that threaten to return.

From my many years of doing Corporate Strategy, I combine my visioning and strategic skills with the coaching techniques I incorporate as a credentialed coach to maximize your immediate results while simultaneously revealing the knot that's tangled you in the past. Once that knot is discovered, we untangle it and use the components of it to forge forward. THAT'S how permanent change unfolds.

Still not sure I'm the right person for you?

If my bio and website information didn't quite convince you that I can help walk you through to the next step, let me explain why I may be a different solution to others you've tried. Quite simply -- it's the combination I bring. Perhaps no single element in itself is unusual, but the combination is.

Personality-wise, I am highly intuitive and an idiosyncratic combination of practical hard-tacks with overflowing sensitive empathy. Put those together and it means I truly understand what you mean AND I can interpret a method to navigate you to the next practical step.

Business-wise, my experience is extensive and spans over 40 years. I've formed and run my own business, worked in the high adrenaline world of mergers & acquisitions, been a corporate executive at a Fortune 500 company for over ten years, and many iterations in between. Through it all I've maintained my common thread of living my Life Purpose. What that means for you is that I've experienced the full gamut of work situations and can bring my experience to our session for your specific results.

Life is about integration. We aren't work and we aren't just leisure. We are everything in our life. Who and what we are needs to combine to represent us. That's living in integrity, and that comes from living in clarity. That's where my coaching experience comes in. We all have ways we hold ourself back from what we want the most. Using an outside perspective (like myself) is the way to reveal those blocks, transform them, and move forward with increased insight and knowledge.

## PRICE:

• \$500.00

Learning is about integration. When you have all the pieces you need in order to move forward, know how to put them in place, and then have someone who cares (me) checking to make sure you've been able to get your objective done you'll be able to get your plan finished!