

FACILITATOR COACHING FOR TRANSITIONAL LEADERS

Packages are tailored to fit each client precisely

Life has many twists and turns. If you're in a place where you could use support while you move onward through life transitions, I can help you find peace of mind and clarity.

Are you doing "fine" but could take advantage of a boost of inspiration, motivation, help, resources, and tools? Facilitator Life Coaching provides unlimited encouragement and inspiration combined with specific check-ins and resources monthly. Limited space available quarterly.

HERE'S THE LOGISTICAL PROCESS:

What we'll do together

In six months, your life will look different! These are the steps we'll take together:

1. Each month we'll meet virtually for 30 minutes.

Our time will be structured to best serve your needs. We'll discuss your progress, any challenges you're experiencing, strategies to move through habitual patterns that stall you, and approach next steps. By the conclusion of our meeting, you'll gain confidence in your direction and be eager to tackle the next step on your list. You'll have clarity and feel more hopeful.

2. You'll receive weekly emails from me, personalized to your Plan and your goals.

These emails are not standardized responses. They're written for you specifically. Some potential areas they may focus on include:

How you are applying your values and strengths to your Plan

Current vision and dreams in relation to your progress

Existing strategies and their effectiveness

3. Resources

On an ongoing basis, you'll receive resources from me to support you both professionally and personally. These may include Worksheets, ebooks, cards, videos, and various downloads and classes.

PRICE:

- \$275 per month (6 month minimum)
 - Discounted for annual commitment (\$3000 total)
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Life is about integration. We aren't work and we aren't just leisure. We are everything in our life. Who and what we are needs to combine to represent us. That's living in integrity, and that comes from living in clarity.